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## Global Opportunities in Ayurveda

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In the present era of modern civilization most of us have accepted the modern lifestyle. Revolution in the field of technology has changed the scenario in almost every field. Modern scientists used this technology to enrich medical science. This is one of the reasons of its global acceptance.

Ayurvedic scholars should provide the knowledge of Ayurveda in the form of language of modern science. There is a need of critical and unbiased study. Ayurveda is an ancient science. Ayurveda is a science of life. Ayurveda adds years to life and life to years. Sushruta charya says that, continuous study, exchange of thoughts, knowledge of other applied sciences supportive to Ayurveda and dialogue with guru are the means to enhance the intellect and understanding. One should always use the knowledge of other applied sciences to understand and to elaborate the Ayurvedic concepts. Efforts should be taken to make it demonstrable and experimental.

With the help of application of modern instruments in Ayurveda and modern technology we can make concepts of Ayurveda widely known and appreciable by scientist from all over the world.

## Biography:

Dr. Kavita Indapurkar is Professor and Head, Kriya Sharir Vidyan, College of Ayurveda, Bharati Vidyapeeth University of Pune. Dr. Kavita Indapurkar is a "Double gold medalist" at M. D. & Ph. D. Guide for M.D. and Ph.D. students. She is Founder/President of R. K. Academy as well as Kavita Holistic Healing, she is handling the responsibilities of Editor of Deerghayu International peer reviewed Journal. She has 27 years of teaching experience at under graduation (UG) level and 22 years of teaching experience at post graduation (PG) Level. She has also presented papers at national and international levels.