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## Holistic and Healthcare Practices by Traditional Healers from Western Ghats Region of India

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The traditional healers give first-hand information about the healthcare system of the local community. They are a rich source of knowledge with extensive attention which has been used as a foundation for many modern medications in various branches of medicine. The age-old traditional information is diminishing rapidly due to various factors. Hence, there is an urgent need of documenting the knowledge in addition to this stringent quality control is the obstacle for acceptance of traditional plant-based medicines, along with disparity among the species or alternatives that need to be addressed for their quality declaration of the ethnomedicinal plants. The presence of rich ethno-medico-botanical knowledge in this region appears to be at crossroads with the threat of extinction and decreasing interest towards traditional medicine amongst the new generation has to be addressed for the cause of depletion of these medicinal plants. The traditional remedies are used by more than 70% of the population and there has been resurgence in the scientific assessment of medicinal plants with their therapeutic activity and newer techniques have been developed for such exploration.

### Biography

Dr. Pramod J. Hurkadale, Professor at KLES College of Pharmacy, Belagavi, Karnataka, India has completed his B. Pharm degree from Kuvempu University, Shivamogga. He obtained his M. Pharm degree with distinction from Rajiv Gandhi University of Health Sciences, Bangalore. He has been awarded Ph.D. in Pharmaceutical Sciences from Rajiv Gandhi University of Health Sciences, Bengaluru under AICTE sponsored quality improvement program and also Diploma in Clinical Research from Catalyst Clinical Services Ltd, New Delhi. Dr. Pramod has put-up Nineteen years of teaching and research experience in UG, PG and guiding 4 and guided 5 students for Ph.D programs under KLE University and supervised students for Masters Program in Pharmacy. He has published and presented research papers in national and international journals/conferences and authored a book in Elsevier publishers and book chapter in Studium Press, USA. He also had been invited as speaker for international conferences at Malaysia, South Africa, Dubai, Brunei, Singapore, Thailand, Srilanka, Nepal and Egypt. His areas of research interest are herbal formulations /excipients, biosurfactants, traditional medicines, ethnomedicinal plants and their screening for various pharmacological activities and jointly collaborated with National Institute of Traditional Medicine, ICMR, Belagavi on tissue culture studies of Medicinal Plants from Western Ghats region.