

## Relationship between level of readiness for self-directed learning and learning styles of CEU nursing students

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In a complex and evolving world of health care environment today, nurse educators are being challenged to prepare the Millennial students for professional practice in nursing. Engaging students in active learning is essential to prepare them in providing nursing care and self-directed learning strategy has been found to be effective in supplying this need in active learning. But this strategy will not be effective if students are not ready for it. Self-directed Learning Readiness (SDLR) has been found to be an important factor in enhancing academic performance and perceptions of the learning environment of students. Aside from readiness for self-directed learning, considering learning preferences or styles is also essential in helping students understand their learning needs. It rationalizes their own choice of teaching strategies suitable for themselves

This study aims to assess the level of readiness of student nurses for self-directed learning and their specific learning styles and; determine the relationship of these two factors. The study will be utilizing the descriptive correlation survey design to determine the relationship of readiness in self-directed learning and learning style. The Autonomous Learner Index of Abu-Moghli et al (2005) will assess the level of readiness in self-directed learning and the Learning Style Inventory of Kolb (2005) to assess their learning style type. Nursing students of Centro Escolar University shall be the respondents of this study.

The researcher hypothesizes a significant relationship between the level of readiness for self-directed learning and learning styles among nursing students.

### **Biography:**

Vincent Raphael V. Manarang is a graduate of Bachelor of Science in Nursing last 2009 and a registered nurse. He is a professor in Centro Escolar University for 3 years already, teaching the subjects Primary Health Care, General Anatomy, General Physiology and General Microscopic Anatomy and Embryology. He is also a reviewer of one of the Top review centers in the Philippines for Nursing. He is currently taking up his degree Master of Arts in Nursing for Nursing Administration.