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## Optimization of home health nursing

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Home health care is a health care services that can be given at home for an illness or injury. Home health care is more convenient, and just as effective as care you get in a hospital or health centre. The main goal of home health care is to treat an illness or injury. Home health care helps client get better, regain independence, and become as self-sufficient as possible.

Home health care services in Bahrain started many years. The main goal of this home health care is to provide curative, preventive, and other supportive services at home. Community health Care Nurses provide medical and personal care to individuals who are chronically ill, disabled or suffering from cognitive impairments.

The community health nurse contributes to quality nursing practice. Community health nurse utilizes appropriate resources to plan and provide nursing services that are safe and effective.

Because home care is vital to a new approach for health care, the existing demand for home care nursing is expected to increase dramatically. Barriers to practicing to full scope were identified, at individual, organization, and systemic levels.

This paper presents the home health care system in Bahrain, the development, trends, issues and opportunities, standards of practice and standards of professional performance for community health nurse. In addition this paper will discuss the barriers for effective home health care practice and recommendations.

## **Biography:**

Nadia Adbahi, Head of Community Health Nursing program. Nadia earned a master degree in clinical nursing specialist in community health nursing from University of Texas, Austin. Member in Health Promotion and Community Partnership Committee. She is a member in Ministerial Child Protection Team, Ministerial Health Education Committee, Sigma Theta Tau International honor Society of Nursing, Epsilon theta chapter, Texas Committee to Prevent Child Abuse.