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Emotional Intelligence as a Predictor of Nurses' Well-Being

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Aim: To investigate the effect of emotional intelligence on well-being, psychological empowerment and quality of care.

Design: The baseline data for the present project were gathered from 2014 - 2015 through an aging setting and a proposed model of the study was designed. The model fit was evaluated using structural equation modelling by AMOS software.

Methods: A convenience sample of 78 employees from a Victorian aged care organisation.

Results: The evaluated model confirmed that emotional intelligence predicts employees psychological empowerment, wellbeing and quality of care in statistically significantly way.

Conclusion: This study suggests that emotional intelligence contributes strongly to employee engagement and adds valuable skills that are important in working with aged care residents and other stakeholders.