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## Prevalence of Pressure Ulcers among Hospitalised Cancer Patients in Jordan

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**Background:** Although a plethora of studies exploring the prevalence of pressure ulcers have been reported in the literature, very few have focused on their prevalence in cancer patients as a special risk group.

**Aim:** To measure the prevalence of pressure ulcers in hospitalised cancer patients.

**Method:** A multi-centre, cross-sectional survey using the European Pressure Ulcers Advisory Panel Methodology in five hospitals in Jordan. Patients' skin was examined and the risk of pressure ulcers was assessed.

**Results:** This study included 110 cancer patients. Their age mean was  $50.65 \pm 17.32$  years, more than half were females (54.5%,  $n=60$ ), the prevalence of pressure ulcers was 15.5% (7.3% when grade 1 was excluded). A total of 17 pressure ulcers were found; heel ulcers were the most frequent ( $n=11$ ; 64.7%) and most of the ulcers were grade 1 ( $n=9$ ; 52.9%). Only 26.9% of the at-risk patients received adequate prevention.

**Conclusion:** Results support the need to focus attention on pressure ulcer prevention in cancer patients and to further define specific guidelines aimed at prevention and treatment in such a vulnerable patient group.

### Biography

Maen Aljezawi is an associate professor of gerontological nursing at Al al-Bayt University/ faculty of nursing in Jordan. I have earned my bachelor's degree and master degree in nursing science from Jordan University of science and Technology, my PhD in nursing science was from De Montfort University-UK. In Academia I have taught a number of nursing courses like community health nursing, gerontological nursing and psychiatric nursing. In the research area, I am interested in epidemiological studies, wound care, dementia and exploring health phenomena.