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The Efforts on using Online Video in Fundamental Nursing Skill Education

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Background: In Japan, the importance of nursing skill education is emphasized. Students used to watch DVD's of video which were educational material for improving their nursing skill. However, they do not watch the DVD's of video anymore, because of being accustomed to use smartphone and PC. For this reasons, we made educational online videos so that student can access whenever they want.

Purpose: In this research, we clarified the possibility and problems of using online video in fundamental nursing skill education.

Methods:

- 1. Researchers made videos of basic nursing skills with commentary narration.
- 2. The video was fixed with tripod and set up with 3 angle including overhead.
- 3. The nurse performed with student performance speed.
- 4. The video can be seen in the campus network system (kyonet).
- 5. Researchers asked the students about what they felt about the video.

Results: We made videos of over 40 fundamental nursing skills. The students can see the videos using smartphones on the campus network system. The student said, "The video was good and easy to understand visually" "It was good where we could see a model a number of times with the video" "It was nice to be able to confirm immediately with the video whenever I want".

Conclusions: Fundamental nursing skills are contents that students learn for the first time. Students need to learn nursing skills in a short time. In order to improve nursing skills, it is necessary for students to practice repeatedly and also needs to see model performance. It is suggested that watching model videos on network systems by students is effective for improving nursing skills.

Biography

Dr. Masako Nakamura has completed her Doctor of Sport Sciences from Waseda University Japan. She is an Associate Professor of Fundamental of Nursing at Kyoritsu-Women's University Faculty of Nursing. Her interest are coaching in nursing, use of simulation in nursing and nursing education.

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