

## The Diagnosis of Certain Tumors with its Implications

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Cancer is a general term for a large group of diseases, whose causes, characteristics and occurrence can vary greatly. There is no clear cut – definition of cancer. Cancer is caused by accumulated damage to the genes. Such changes may be due to exposure to a cancer-causing substance. For you to detect cancer is a multi-stage process.

Often, the patient will go to a doctor because of some symptoms. Sometimes cancer can be discovered by chance from screening. Cancer has numerous symptoms. It may be asymptomatic for a long time or it may involve only very general symptoms, such as fatigue or weight loss. When we talk of cancer it also has a number of different stages.

Following exposure to the factor that causes cancer is usually takes a long time before the cancer begins to develop. And cancer is not a unitary disease but a large group of diseases that includes many different cancers.

Their causes, symptoms and forms of treatment differ from one another. Lifestyles are important factors in the formation of many types of cancer. Behavior and choice can affect our own cancer risks.

But when it comes to individual cancers, it is not possible say for sure what causes the cancer. We can lessen the risk of getting cancer, but as yet there is not enough known about preventing cancer completely. Everyone should exercise regularly and a varied diet.

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But when it comes to individual cancers, it is not possible say for sure what causes the cancer. We can lessen the risk of getting cancer, but as yet there is not enough known about preventing cancer completely. Everyone should exercise regularly and a varied diet.

People need to eat plenty of plants products and fiber and only very little red meat and saturated fat. Things to avoid are smoking drinking and too much exposure to the sun. You can take better care of yourself by seeking regular medical check-ups and take part in any organized cancer screening. Things to avoid are smoking drinking and too much exposure to the sun. You can take better care of yourself too by having regular medical check-ups and take part in any organized cancer screening.

To therefore commence an Oncology is the study and treatment of tumors and cancers, the exact cause of being tumor is often but can be treated, it develops when cells in the body divide and grow at an excessive rate. Typically, unknown, the body is able to balance cell growth and division. When old or damaged cell s die they are automatically replaced with new, healthy cells.

In the treatment of Oncology comes in various parts in the diagnose of a patient. Some of these diagnosis in the field on Oncology is typical example of Benign tumors which can form anywhere in the body. It is the discovery of a lump or mass in the body which can be felt outside, which might be assumed as, cancerous, for instance women who finds lumps women who finds lumps in their breast in which is being alarmed in the growth in the breast known as Benign.

In this aspect benign tumors are been classified by where they grow, an example is of the lipomas, the growth from fat cells, whiles myomas grow from muscle. Different types benign tumors are including;

Adenoma, Myomas, Nevi also known as moles etc.

There are also symptoms pertaining to this disease depending on the tumors location for example, if you have a brain tumor, you may experience headaches, troubles with the vision and fuzzy memory.

Depending on the location, possible symptoms which are of a benign tumor include:

- Chills
- Discomfort or pains
- Fatigue etc.

Over this discovery doctors performs physical examinations and a collection of medical history thereby asking about the symptoms one is experiencing. Therefore, steps which has been taken in the cure of this disease by some machines which has helped in the diagnosis like CT scan, MRI scan, Mammogram etc.

The treatment over these illnesses is all not treated. For example, a doctor may recommend a watch and wait approach when the tumor is small. In this case treatment could be riskier than letting the tumor be. Doctors also decides to pursue treatment depending on the location of the tumor, it may be removed for cosmetic reason if it located at the neck or face. Surgeries are been done by the use of endoscopic techniques, meaning tube-like devices.

To add up these tumors can be left if they show no symptoms and create no complications, which may be told to keep an eye or watch for changes examining as long as the tumor isn't causing pain or discomfort.

This has been my notion concerning cancer care and oncology nursing.