

## A Case Study on Survival & Quality of Life of a Patient with CA Cervix

**Rekha Jaiprakash Ogale**  
RAK College of Nursing, Saudi Arabia

Mrs. R, a 62 years old female, retired school teacher was brought to the hospital in June 1992 with the history of menorrhagia since 20 years of her age along with metrorrhagia since 45 years of age, had undergone D & C two times in last 5 years and now diagnosed as CA cervix, in last stage. She was underweight and severely anemic when brought to cancer hospital. The Oncology physical advised for External beam radiation therapy (EBRT) for 5 weeks, 3 times per week. With the side effects of EBRT, her condition became more debilitated and her family became more stressed & nostalgic. Her family was clearly told about her prognosis that she may not survive even for next 6 months.

After this communication, the family consulted various experts of different systems of medicine. They came across a wheat grass juice treatment and since it was easy to do at home, the family started wheat grass juice for Mrs. R. Mrs. R was severely malnourished due to her very inadequate food intake & sleep for last 6 months due to pain. However she started responding to the wheat grass juice after 2-3 days of initiation. She started taking liquid diet and soon started on the solid diet. Within one month, she gained two kilograms of weight, started looking fresh and lively. She was continued with this treatment for next six more months and later taken to the hospital. The investigations revealed that her tumor had subsided.

Mrs. R is now 87 years old, she is very attached to wheat grass juice & still takes it at least 1-2 times in a week. She is very healthy and happy. Has normal food intake, good sleep and absolutely no abdominal pain. In last 25 years, she has contributed very effectively in bringing up her four grandchildren. Along with this, she takes free coaching classes for the poor and needy students of the city, participates in all social gatherings and religious functions of the neighborhoods. She was felicitated thrice by the Education Board of the district authority, senior teachers' forum and the city council for her marvelous contribution in imparting education to the students.

This case was followed for last 25 years. The presenter is the proud daughter of this patient.