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Haemorrhoids: In Search of Excellence

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After pioneering work of Milligan and Morgan, the range of options are increasing as time passed. Although there is a long list of options, they fit in either removal (excision, ligation, destruction) or repair (fixation, decreasing blood supply by ligation or embolization and decreasing tone) of haemorrhoids. With the goal of balancing between patient satisfaction, resolving symptoms and acceptable complications, surgeons modify and mix above techniques with the use of ever-growing energy devices and give confusing terms to describe the same procedure. This makes it difficult to compare each technique transparently. With the goal of preserving anatomy, physiology and functions, the major challenge is to develop dynamic indicators which are meaningful, relevant and feasible by differentiating between not that important, but not critical and important and critical outcomes. Until that can be done, we can calculate lifetime cost by measuring what is too much or too less and appropriate or inappropriate treatment. Supported by continuous auditing and focusing on research. There is a strong need of platform which addressing these challenges. It will avoid duplication and focusing energy only on relevant. On this platform, actionable information like listing most critical and worthwhile questions which need to answer with their priorities. The ultimate focus is on cure and making haemorrhoids from a chronic disease to curable disease. It is now up to us, whether to go alone or together, focused or unfocused, synchronized or unsynchronized and making this platform go to place for Haemorrhoids or not.

Biography:

Parshottambhai B Patel MS, ADIT is a Surgeon and Cancer specialist. He was practicing from last 34 years at Shiv Shraddha Nursing Home and visiting surgeon and cancer specialist at Apollo Hospital Ahmedabad, Gujarat, India. The primary focus is on anorectal diseases, breast and head and neck cancer. He has a special interest in prevention and early detection of cancer. He has written one book and more than 15 educational booklets. He has taken more than 1000 lectures all over the state of Gujarat. He is also distributing educational information with actionable information in a way which is easy to understand. He also presented papers in national and international conferences.