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## Nutrition, Health, and Aging: A Global Approach

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The relationship between Nutrition, Health, and Aging has been documented from biological, psychological and social perspectives. This presentation discusses the latest research findings on each of these areas and calls for a global approach in the understanding of nutrition, health, and aging. This presentation also discusses challenges and opportunities for global collaborations.

### Biography:

Dr. Helda Pinzon-Perez is a professor at California State University, Fresno, USA. Her research interests include Indigenous Health, Holistic Health-Alternative Medicine, and International Health. She has been a recipient of Fulbright Teaching and Research Awards in the Dominican Republic and in Peru.