



# European Dermatology Conference

March 20-21, 2019 Frankfurt, Germany

## How to Build Bridges between Professionals to Improve Access to Dermatology

**Lydia Gauthier**

Laval University, Canada

Canada is the second-largest country in the world, with the most diagnosis of skin cancer, plus 30% of the population suffers from chronic facial erythema and eczema statistics continue to rise.

Our biggest challenge: our shortage of dermatologists for the size of our territory and their exodus to aesthetic, rather than traditional practices. We can wait up to a year for a problem of the pathological type, but only two weeks for a Botox injection, for example.

Pharmacists are not well trained enough in topical galenics and are practically no longer preparing magistral formulae. Cosmeticians have been unable to work in therapeutic complement with their pharmacists and our estheticians (beauticians) are still considerably underestimated.

Which led me to teach chemists about cosmetics to make them want to know more about the skin; train pharmacists in topical galenics; develop a training program for estheticians and take part in the creation of the first pharmacy training program for cosmeticians, because we urgently need to learn to work as a team and my role is to build bridges between professions to improve access to dermatological care and treatment. And as a European formulator, I help companies in creating products that respect the integrity of the skin, while fulfilling their expectations for their efficacy.

### Biography:

Lydia Gauthier is passionate about the skin and how it interacts with skincare and its external environment. In 8 years, she completed her bachelor's in medicinal and bioorganic chemistry, her first master's degree in pharmaceutical research in tissue engineering as part of a research team focused on psoriasis (LOEX), and a second master's degree in industrial cosmetology at IPIL in Lyon, France. She therefore achieved her goal of becoming a Dermocosmetologist (Dermopharmacist in France). Following her studies, she worked as a medical representative for La Roche-Posay, as a trusted advisor and trainer to Dermatologists, Pediatricians, Doctors, and Nurses. Then, she started her own training company and now works with pharmacists too, as well as cosmeticians and estheticians.