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## Faster, easier, safer rotary endodontics!!! The science of simplicity

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There are many factors that serve to influence which endodontic mechanical file system or hybrid technique is selected to prepare any given canal. Altruistically, the most important factor should be the desire to produce a predictably successful shaping result. Clinically, the shaping experience is measured by safety, cutting efficiency, and the fewest number of files required to minimally or fully prepare a root canal. Certainly, the cost associated with preparing any given canal is a factor that is influenced by the market, and the clinical and business practice models. Regardless of the preparation philosophy, methods should be utilized that promote 3-D disinfection, and filling root canal systems.

## Biography:

Reham Hassan has over 10 years clinical experience as a specialist in endodontic practice. She acquired her PhD in Endodontics from Cairo University in 2013; she originally earned her Bachelor of Science (BSc) degree at Misr University of Science and Technology in 2005. She then continued her educational journey at Cairo University where she obtained a Master degree (MSc) in conservative Dentistry in 2010.

Dr. Reham holds a faculty position at the University of Minia as a lecturer; she has been involved in both undergraduate and postgraduate teaching since 2006, she also works as an Endodontist in her private practice.

She balances out her heavy workload by going to the gym regularly