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Gastroenterological & Nutritional Integrated Care for Oncological Patients Subjected to Surgery and/or ChemoBioRadio-therapies to Prevent or Reduce Sequelae and Complications: Some Clinical Evidences from our 40 Years of Experience

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President of ASCO in May 2019 said that there are useful not only clinical trials but real-world-medicine data to obtain better care for oncologic patients. Hence we think to give some useful data (as a retrospective clinical report) about our experience (tetradecades) of study and 'evidence based' use of oral-enteral / parenteral diets and of enriched/functional foods & nutri-phytaceuticals (NPs) integrated with drugs to obtain a better and complete tailored & translational care (for ill-Person) and cure (against illness); i.e. Integrative Oncology (a main topic of Oncology-Rome-2019) to ensure better general and digestive conditions and particularly in those patients subjected to surgery and/or chemo-bio-radio-therapies to prevent or reduce sequelae/complications, also. We report some of the most relevant clinically useful and effective experiences, as reinforced with related & updated best references from literature, mainly in following 4 scopes: 1-to prevent/to reduce: nausea/vomiting, diarrhea, heart-muscle wasting and fatigue; 2-tailored (personalized) integrated supportive care to improve digestive and immune-system diagnosis and cure according to specific kinds of ablative & digestive-tract reconstruction surgery; 3-prevention or recovery of Lymphopenia, anaemia, chemo-radio dermatitis-mucositis, hair loss; 4-metabolic approach (because special several kind of intense metabolism): anti-metabolic foods/substrates against cancer-angiogenesis-flogosis.

Biography:

Dr. Calogero Rinzivillo has a Pharmacy degree with internal fellowship in First Surgical Clinic (Chair: G. Rodolico). He also has a Medical degree and Specialization with full marks and honor from University of Catania. He is a Gastroenterologist of SSN-National Health Service with Grant by National Research Council (Colorectal Cancer-Finalized Project-chair U. Veronesi). He is an Editor (final referee) for research projects of MIUR-Italian-Research-Ministry and of Health-Ministry. He is also a Referee/scientific member of several medical journals/congresses. Calogero Rinzivillo has more than 200 scientific papers/clinical reports in (Italian/International) journals and congresses. He is head and tenured-professor of Clinical Nutrition & Supportive Care, Policlinic and Medical School-University of Catania.